



*Elks* Care - *Elks* Share



*We Provide the Tools to Build Strong Futures*

# Hope & Support Group

**This is a group for parents, guardians and loved ones who are concerned about their child's and/or loved one's substance use or addiction. You are welcome to join the Hope & Support Group at no cost. Together we are able to create a supportive environment while breaking the stigma and isolation that this disease has created. We provide a confidential place to talk, share your struggles, and ask questions. Please join us, you are not alone. We have 2 trained facilitators to lead the group and answer questions.**

**We meet on the 3rd Monday of each month**

**7:00pm-8:30pm**

**First Church of Christ in Old Saybrook**

**366 Main Street Old Saybrook, CT 06475**

**Any Question feel free to contact TriCircle, Inc. at (203)631-1743 or email us at [info@tricircleinc.com](mailto:info@tricircleinc.com)**

**Our website is full of information and additional resources as well.**

**[www.tricircleinc.com](http://www.tricircleinc.com)**